

**DOON SAINIK SCHOOL 8586858986**  
**RIMC RMS & SAINIK SCHOOL**

**MEDICAL CERTIFICATE**

**PART 'A'**

1. Name of candidate in full (in Block letters) \_\_\_\_\_
2. State your age and birth place \_\_\_\_\_
3. General development: Good \_\_\_\_\_ Fair \_\_\_\_\_ Poor \_\_\_\_\_
4. Height: (Without Shoes) \_\_\_\_\_ Weight \_\_\_\_\_ BMI \_\_\_\_\_
5. Body Structure: Thin \_\_\_\_\_ Average \_\_\_\_\_ Obese \_\_\_\_\_
6. Temperature: \_\_\_\_\_
7. Measurement of chest:  
(a) After full expiration \_\_\_\_\_  
(b) After full inspiration \_\_\_\_\_
8. Skin: Any obvious disease \_\_\_\_\_
9. Respiratory system: Does physical examination reveal anything abnormal in the respiratory organs \_\_\_\_\_  
If yes explain fully \_\_\_\_\_
10. Circulatory System:  
(a) Blood Pressure: Systolic \_\_\_\_\_ Diastolic \_\_\_\_\_ Heart Murmur \_\_\_\_\_  
(b) ECG \_\_\_\_\_ (Attach copy)
11. Nervous System: Indication of nervous or mental disabilities \_\_\_\_\_
12. When were you last vaccinated? \_\_\_\_\_
13. Blood Group: \_\_\_\_\_
14. (a) Any Surgery in Past Two Years \_\_\_\_\_  
(b) If yes details there of \_\_\_\_\_

Signature of Cadet

Signature and Stamp of  
Medical Examiner / MBBS Doctor

PART 'B'

1. Eyes:

- Any disease \_\_\_\_\_
- Night blindness \_\_\_\_\_
- Defect in color vision \_\_\_\_\_
- Field of vision \_\_\_\_\_
- Visual acuity \_\_\_\_\_

Acuity of vision	Naked eye with glasses	Strength of glass sph. cyl. Axis
1	2	3

Distant vision

RE \_\_\_\_\_  
LE \_\_\_\_\_

Near vision

RE \_\_\_\_\_  
LE \_\_\_\_\_

Hypermetropia (Manifest)

RE \_\_\_\_\_  
LE \_\_\_\_\_

Signature and Stamp of  
Ophthalmologist

2. Ears Inspection

- Hearing \_\_\_\_\_
- (a) Right Ear \_\_\_\_\_
  - (b) Left Ear \_\_\_\_\_
  - (c) Any Infection \_\_\_\_\_
  - (d) Any other observation \_\_\_\_\_

3. Nose Inspection \_\_\_\_\_

4. Throat Inspection \_\_\_\_\_

Signature and Stamp of  
ENT Specialist

- 5. Number of teeth \_\_\_\_\_
- 6. Condition of teeth \_\_\_\_\_
- 7. Condition of Gums \_\_\_\_\_
- 8. Overall oral Hygiene \_\_\_\_\_

Signature and Stamp of  
Dental Doctor

PART – 'C'

**Note:** Doctor / Medical Examiner should record their findings under one of the following three categories:

- ☐ Fit \_\_\_\_\_
- ☐ Unfit on account of \_\_\_\_\_
- ☐ Temporarily unfit on account of \_\_\_\_\_

Signature of Cadet

Signature and Stamp of  
Medical Specialist